



Partners in Transition Partner Support Group

If your partner is exploring or changing their gender, this is a great place to get support and understanding. Come join us to share your experiences, concerns, and wisdom in a safe and supportive atmosphere. Groups will consist of weekly checkins followed by discussion and exploration of topics brought by you and other group members and/or the facilitator. This group makes a great addition to individual or couple's therapy.

We will meet on 6 Saturdays from 12:15-1:30. Dates are: April 13, April 20, April 27, May 11, May 18, and June 1st (we are skipping May 4 and May 25). Groups will take place at my office in West San Jose near Westgate Mall.

Facilitated by Lara Willing, LMFT #93111. I have worked with dozens of clients exploring gender and transition, as well as their loved ones. I have facilitated connecting and supportive experiential groups for over 20 years. I bring authenticity, compassion, and creativity to my groups, and I'd love to have you join us.

The cost is \$400 for the series. You can pay in two payments, and you pay for the series whether you attend every meeting or not. I will submit statements to your insurance for each session you attend, and you might get some reimbursement that way.

I require an initial session to determine if you are a good fit for the group. Please feel free to reach out to me with any questions.

Lara Willing, Psychotherapist
www.LaraWilling.com